

About the Book

This book, "Eighteen Steps to Women Empowerment," is a guide for today's women who are eager to transform themselves. The author genuinely dedicated this book to all genders. It is time that women today shall take charge of her life independently.

When women collaborate, they can create a considerable impact on society and ripple effect of togetherness in society to make this world a better place to live in. In this book, the author proudly shared her actual incidents. In addition, the book provides solutions for how women can manage their time productively, boost self-confidence, and stick to their goals.

The author firmly believes that women are unstoppable. It's time to awaken the little voice inside every woman and dive in to accomplish her dreams. This book is for those men who respect the true aspect of feminism.

About the Author



Anuradha Goyal is a post-graduate in management of distinction from Symbiosis, Pune. Customer relationship is her specialization, and she served a stint in the corporate for fourteen years in leadership. The author is passionate about helping people. Serving people is her forte.

Anuradha found her niche in the coaching industry now. She is a certified coach in Positive Psychology, International NLP, Parenting and Emotional Intelligence.

Mrs. Goyal recently discovered her passion for writing with a special love for nature. She grounded her roots in the realm of spirituality, and women empowerment is her mission.

18 Steps to Women Empowerment - Anuradha Goyal

18 Steps to Women Empowerment

How to Reclaim Your Esteem, Find Your Purpose, Set Healthy Boundaries, Gain Inner Confidence and Live Your Best Life

ANURADHA GOYAL